

## SCIENTIFIC PROGRAM

### “Pain and Peripheral Nerve- Blocks and Procedures” Live Operative workshop

14-15 September, 2023

Venue: Ramalingaswami Board Room, AllMS, New Delhi

### Day 1 (Thursday) 14 September, 2023

**7:30 to 8:00 am- Registration**

**8:00 to 9:00 am- Basics session**

**Chairpersons:** Prof KVL Narasinga Rao, Prof Ashish Bindra, Dr Ramesh Doddamani

- **8:00 to 8:15 am-** Clinical Assessment of Back and Neck pain (Prof GP Dureja) (13 + 2 min)
- **8:16 to 8:30 am-** Transforaminal Lumbar Pain blocks- Techniques and current updates (Prof Asheesh Tandon) (13 + 2 min)
- **8:31 to 8:45 am-** Basics of Radiofrequency (Prof GP Dureja) (13 + 2 min)
- **8:46 to 9:00 am-** Basics of Fluoro Anatomy (Dr Dhruv Bibra) (13 + 2 min)

**9:00 to 9:30 am- Inauguration followed by Tea Break**

**9:31 am to 1:30 pm- Cases discussion & Live demonstration from OT (subject to availability of cases)**

**Demonstrating Faculty: Prof GP Dureja, Prof Asheesh Tandon**

**Moderators:** Prof AK Mahapatra, Prof Ashish Bindra, Dr Santanu Bora, Dr Ravi Sharma

- OT1- Prof GP Dureja
- OT2- Prof Asheesh Tandon

**14/09/23 OT 1: Dr GPD/ Dr Rajesh Meena/ Dr Puranjay**

S NO	NAME, AGE/SEX UHID	DIAGNOSIS	PLAN	CLINICAL DETAILS
1	Case 1, 39Y/F 106980197	L4-L5, L5-S1 PIVD	Transforaminal root block	<a href="#">1</a>
2	Case 2, 35Y/M 104799679	Recurrent L4-L5 PIVD, Failed Back Syndrome	EPIDURALYSIS+- Transforaminal root block	<a href="#">2</a>
3	Case 3, 58Y/M 106441239	L2-3, L3-4 , L4-5 PIVD	Transforaminal root block	<a href="#">3</a>
4	Case 4, 71Y/M 106792388	C5-C6 PIVD	Cervical root block	<a href="#">4</a>
5	Case 5, 58Y/F 102913382	C5-C6 CERVICAL+ LUMBAR PIVD	Cervical root block	<a href="#">5</a>
6	Case 6 55/M 102016150	RECURRENT LUMBAR PIVD L4- L5, L5-S1	EPIDURALYSIS+- Transforaminal root block	<a href="#">6</a>
7	Case 7, 46Y/M 104387818	C6-C7 PIVD + D7- D8 INTRADURAL ARCAHNOID CYST	Transforaminal root Block (to be discussed, dysesthesia only, no pain)	<a href="#">7</a>

**14/09/23 OT 2: DR AT/ DR MSC/ Dr Ramesh Doddamani/Dr Prakash**

S NO	PATIENT DETAILS	DIAGNOSIS	PLAN	CLINICAL DETAILS
1	Case 8, 40Y/M 106920907	L4-L5 PIVD	Transforaminal root block	<a href="#">8</a>
2	Case 9, 45Y/F 106962110	LUMBAR PIVD	Transforaminal root block	<a href="#">9</a>
3	Case 10, 29Y/F 106979868	L5-S1 LARGE EXTRUDED DISC	Transforaminal root block	<a href="#">10</a>
4	Case 11, 49Y/M 105987607	L4-L5, L5-S1 PIVD	Transforaminal root block	<a href="#">11</a>
5	Case 12 32Y/M 106792416	L4-L5, L5-S1 PIVD	Transforaminal root block	<a href="#">12</a>
6	Case 13, 33Y/F 106952354	CVJ ANOMALY WITH SEVERE OCCIPITAL PAIN	C2/OCCIPITAL BLOCK (Dr MSC)	<a href="#">13</a>

**1:30 to 2:30 pm- Lunch**

**2:30 to 3:40 pm- Session on Blocks**

**Chairpersons:** Prof AK Mahapatra, Prof Girija Prasad Rath, Prof Deepak Agrawal

- **2:31 to 2:40 pm-** Transforaminal Epidural Steroid Injection (Dr Debesh Bhoi) (8 +2 min)
- **2:41 to 2:50 pm-** Cervical Facet and Median Nerve Block including RF ablation (Prof GP Dureja) (8 +2 min)
- **2:51 to 3:00 pm-** SI joint pain intervention (Prof Virender Mohan) (8 +2 min)
- **3:01 to 3:10 pm-** Role of Ultrasound Guidance in Pain blocks and Spinal interventions (Dr Dhruv Bibra) (8 +2 min)
- **3:11 to 3:20 pm-** Stellate ganglion block (Dr Navdeep Sokhal) (8 +2 min)
- **3:21 to 3:30 pm-** Sphenopalatine Ganglion Block (Dr Dhruv Bibra) (8 +2 min)
- **3:31 to 3:40 PM:** Pain blocks (Prof Asheesh Tandon) (8 + 2 min)

**3:41 to 4:50 pm- Neurostimulation, ablation, and Misc. session**

**Chairpersons:** Prof KVL Narasinga Rao, Prof Navdeep Sokhal, Dr Anirban Deep Banerjee, Dr Dattaraj Sawarkar

- **3:41 to 3:50 pm-** Spinal Neuromodulation (Dr Anirban Deep Banerjee) (8 + 2 min)
- **3:51 to 4:00 pm-** Cooled Radiofrequency in Spinal Pain Management (Dr Dhruv Bibra) (8 + 2 min)
- **4:01 to 4:10 pm-** Noninvasive transcutaneous neuromodulation (Dr Sidharth Chavali) (8 + 2 min)
- **4:11 to 4:20 pm-** Epidural Adhesiolysis using a Racz Catheter (Prof GP Dureja) (8 + 2 min)
- **4:21 to 4:30 pm-** Headache and Disc pain understood through pain matrix (Dr Mahender Singh Chouhan) (8 + 2 min)
- **4:31 to 4:40pm-** Complex regional pain syndrome- an update (Prof GP Dureja) (8 + 2 min)
- **4:41 to 4:50pm-** Hypogastric plexus and splanchnic nerve neurolysis for visceral pain (Dr Sidharth Chavali) (8 + 2 min)

**Tea will be served concurrently**

**4:51 to 5:20 pm- Debate session**

**Chairpersons:** Prof Manjari Tripathi, Prof GP Dureja, Prof Virender Kumar Mohan

- **4:51 to 5:00 pm-** Role of Gabapentin in neuropathic pain management (Dr Dattaraj Sawarkar) (8 + 2 min)
- **5:01 to 5:10 pm-** Role of Pregabalin in neuropathic pain management (Dr Rajeev Sharma) (8 + 2 min)
- **5:11 to 5:20 pm-** Pregabalin and Gabapin: Do the side effects justify its use? (Prof Deepak Agrawal) (8 + 2 min)

**7:30 pm onwards- Dinner, Venue- Faculty Club Lawn, AIIMS, New Delhi.**

## **Day 2 (Friday) 15 September, 2023**

### **8:00 to 9:00 am- Trigeminal Neuralgia session**

**Chairpersons:** Prof Arvind Chaturvedi, Prof AK Mahapatra, Prof GP Gureja, Dr Debesh Bhoi

**8:00 to 8:15am-** RF Lesioning for Trigeminal Neuralgia- Tips and Tricks (Prof Asheesh Tandon) (13 + 2 min)

**8:16 to 8:30am-** Percutaneous balloon decompression for trigeminal neuralgia (Prof Virender Mohan) (13 + 2 min)

**8:31 to 8:45 am-** Maxillary and mandibular blocks of Trigeminal Neuralgia (Dr Navdeep Sokhal) (13 + 2 min)

**8:46 to 9:00AM- Tea break**

**9:00 AM to 1:00 PM- Cases discussion & Live demonstration from OT (subject to availability of cases)**

**Demonstrating Faculty: Prof GP Dureja, Prof Asheesh Tandon, Prof Deepak Agrawal**

**Moderators:** Prof Pankaj K Singh, Dr Ramesh Doddamani, Dr Amol Raheja

- OT1- Prof GP Dureja – Trigeminal Neuralgia- Gasserian Ganglion RF ablation
- OT2- Prof Asheesh Tandon – Trigeminal Neuralgia- Gasserian Ganglion RF ablation
- OT3- Prof DA- DREZ

### 15/09/23 OT1: Dr GPD/ Dr Surya/Dr Abhishek

S NO	PATIENT DETAILS	DIAGNOSIS	PLAN	CLINICAL DETAILS
1	Case 14, 45Y/M 105610807	LEFT V2-V3 TRIGEMINAL NEURALGIA	RFA	<a href="#">14</a>
2	Case 15	RIGHT V2-V3 TGN	RFA	15
3	Case 16, 45Y/F 106001077	C5-C6 PIVD, L4-L5, L5-S1 PIVD	CERVICAL ROOT BLOCK	<a href="#">16</a>
4	Case 17, 27Y/F 106380141	C5-C6 PIVD	CERVICAL ROOT BLOCK	<a href="#">17</a>
5	Case 18, 47Y/M 106529226	C5-C6, C6-C7 PIVD	CERVICAL ROOT BLOCK	<a href="#">18</a>

### 15/09/23 OT 2: DR AT/ Dr Raghav Singla/ Dr Ashwin

S NO	PATIENT DETAILS	DIAGNOSIS	PLAN	CLINICAL DETAILS
1	Case 19, 49Y/M 105786571	LEFT V2,V3 TGN	RFA	<a href="#">19</a>
2	Case 20, 41Y/M 106970655	LEFT V1,V2 TGN	RFA	<a href="#">20</a>
3	Case 21, 54 Y/F 106993888	LUMBAR PIVD	Transforaminal root block	<a href="#">21</a>
4	Case 22, 47Y/F 106381253	L4-L5, L5-S1 PIVD	Transforaminal root block	<a href="#">22</a>
5	Case 23, 54/M 106992840	L4-L5 PIVD	Transforaminal root block	<a href="#">23</a>

### 15/09/23 OT 3: DR DA/ Dr Ravi Sharma/Dr Ishaan

S NO	PATIENT DETAILS	DIAGNOSIS	PLAN	CLINICAL DETAILS
1	Case 24, 19Y/M 106223524	RIGHT PAN BPI	DREZ	<a href="#">24</a>

**1:00 to 1:30 pm:** Closing ceremony

**1:30 pm onwards-** Lunch